The addition of just one head of livestock to farms in a developing region like southeast Asia or Sub-Saharan can be life-changing for local families and communities.

10% RETURN
When a farmer invests in livestock, from a head of cattle to a flock of chickens, the United Nations Food and Agriculture Organisation estimates he will reap **10% in returns over the next six years**.

HEALTHIER CHILDREN
Following a national initiative promoting dairy cow ownership in Kenya, researchers found children on participating farms had **lower rates of stunted growth**.

PREVENTION BENEFITS
Preventative care, including animal mediciness, in the time of a disaster in a developing region provides **$6.69 in benefits** for every $1 spent.

IMPROVED DEVELOPMENT
A recent study found young children in a rural area of east Africa who regularly ate livestock-sourced foods, like milk and meat, **showed stronger results** in cognitive, physical and social tests versus children who lacked access to these products.

BETTER DAY LIFE
A program in Rwanda to provide a cow to over 200,000 farm families found recipients reaped **higher incomes**, improved nutrition, better access to credit, improved shelter and farm equipment, and more.